



VirtualCheckup[®]

By Catapult Health

Getting a health checkup has never been easier.

Catapult Health is transforming the delivery of preventive care through its VirtualCheckup[®] solution. Operating in all 50 states, Catapult works with more than 400 employers serving 2 million employee and dependent lives.



Home Kit

Home kit arrives in the mail

We make things simple, convenient, and painless. Easy directions, quick blood sample, and a virtual video consultation — at home!



Onsite

Worksite health event

Attend a worksite health event, then complete a VirtualCheckup video consultation at work, or later at home.



Video consult with a nurse practitioner

Consultations include a review of personal and family health history, screening for anxiety and depression, an import and review of filled prescriptions, and referrals into employer and plan sponsored health improvement programs.



“The nurse practitioner helped me **monitor my blood pressure, design a reasonable diet and re-engage in an active lifestyle.**”

“I found out through Catapult Health that I was diabetic. **They set me up with a Provider** so I can manage my condition that I didn't even know I had.”

Better health is good for everybody

23% lower healthcare costs

Average annual costs for healthcare claims (per participant per year) were nearly \$1,500 lower for members who participated in four consecutive VirtualCheckups, versus a control group of non-participants.

77% reduction in instances of crisis-level hypertension

People with stage 2 and crisis-level hypertension are at high risk for coronary heart disease, which can lead to a heart attack or stroke. With VirtualCheckup, these patients are getting the awareness, support and treatment they need to move out of the danger zone.

28% of patients checkups reveal a pre-diabetic condition

Our program educates and empowers patients so that they can take meaningful steps to improve their health.



VirtualCheckup produces 2:1 ROI

An actuarial cohort analysis of 416,000 patient records over 3 years revealed potential savings of \$2.19 for every \$1 invested.

Contact Us

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Scan the QR code
to visit our website
catapulthealth.com

Catapult
HEALTH

- ✓ Each VirtualCheckup milestone is billed as a **Preventive Care Claim.**
- ✓ Total fees are **about half the cost** of typical PCP office visits/labs.
- ✓ **No PEPM**, No admin fee, **no implementation fee**, no data feed fees, no reporting fees.