

Calibrate

# YOUR VIRTUAL OBESITY CLINIC

Calibrate delivers personalized obesity care proven to transform lives. With GLP-1 medication usage increasing across the country, **organizations need a solution that will help control pharmacy spend while providing sustainable results.**

Micheal,  
Calibrate  
Member



Donya,  
Calibrate  
Member

## A New Model Of Care

Developed by renowned clinicians, our two year program optimizes access to GLP-1 medications (such as Wegovy™ and Ozempic®) combined with behavior change interventions on an easy-to-use, mobile app.

We are the only solution that ensures the right member receives the right medication for the right length of time—resulting in sustained, cost-effective outcomes.

**We promise that many of our members will stop GLP-1 usage while maintaining clinically significant weight loss.**



### We serve your at-risk population

Developed especially for those with obesity and cardiometabolic conditions like type 2 diabetes or insulin resistance.



### We fill the void

Think of Calibrate as in between your lifestyle-only weight management program and bariatric surgery.



### We meet your people where they are

Members will have immediate access to a virtual obesity clinic with expert doctors and health coaches at their fingertips.

## Immediate Results, Lasting Impact

Calibrate delivers exceptional outcomes beyond the norm by blending medication and behavior change, resulting in **rapid clinical improvement and cost savings for employers.**

93%

of members sustain >10% weight loss after GLP-1 taper<sup>1</sup>

15%

average sustained weight loss results of 15% at 12, 18, and 24 months.<sup>2</sup>

3:1

ROI with immediate and increasing impact

1.8

program interactions per day

1. Calibrate Taper Analysis Methodology and Insights, Feb 2023.




2. Calibrate Second Annual Results Report: "Real-World Weight Loss and Metabolic Health Improvement at Scale", 2023.

# How Calibrate Works

Calibrate improves metabolic health using the right combination of tools that keep engagement high and improve outcomes. Our program is called the **Two Year Metabolic Reset (or ‘TYMR’)**.

• STEP 1	 Personalized Care Plan	Data driven path to care ensuring right member, right medication
• STEP 2	 Treatment	Medication management
• STEP 3		Intensive Lifestyle Intervention (ILI)
• STEP 4		1:1 Human-led care
• STEP 5	 Stop And Sustain	Proprietary medication tapering algorithm for lasting results

## Calibrate Transforms Lives —Beyond The Scale.

-  **66% of members** increased hours of sleep<sup>3</sup>
-  **88% of members** improved exercise habits<sup>3</sup>
-  **73% of members** improved emotional health<sup>3</sup>



**Book A Demo Today.**  
[Joincalibrate.com/Employers](https://Joincalibrate.com/Employers)

# Why Calibrate

You can count on us to be the obesity care experts that truly change lives. From immediate impact (for both you and your people) **to significant ROI and cost control, Calibrate is a benefit that actually works.**

### FOR EMPLOYERS

- ✓ Immediate impact—near term ROI
- ✓ Sustained clinical results
- ✓ Guardrails and accountability for medication access
- ✓ Outcomes-based pricing
- ✓ Healthy habit-forming
- ✓ Whole body approach addressing emotional health
- ✓ Dedicated client success team

### FOR MEMBERS

- ✓ 1:1 accountability coaching
- ✓ Access to high quality clinicians no matter where you live
- ✓ Real and immediate results that last
- ✓ Designed for all cultures and backgrounds
- ✓ Personalized care plan
- ✓ App-based digital curriculum
- ✓ Community support



“  
**My biology just wasn’t prioritized in any of the other programs. Calibrate does exactly what it says it will do. It works.**  
—Cristina, Calibrate Member



“  
**Calibrate taught me that the final piece to keeping the weight off was focusing on my emotional health.**  
—Judy, Calibrate Member

3. Calibrate First Annual Results Report, 2022.