

Pelago

The leading virtual clinic for substance use management

focused on helping members cut back, stop, or otherwise manage their substance use



Substance use is at crisis levels in the U.S.

- 46M Americans are living with a clinically diagnosed substance use disorder and an additional 80M Americans have risky substance use habits¹
- 70% of those people are in the workforce and are open to treatment²
- Less than 10% receive treatment¹
- 50% of people experiencing a mental illness also have a substance use challenge and vice versa⁷



Everyone deserves access to substance use care that works. Early intervention reduces healthcare costs and saves lives.

Multiple substance use disorders are common

70%

of members with alcohol use disorder are also addicted to tobacco³

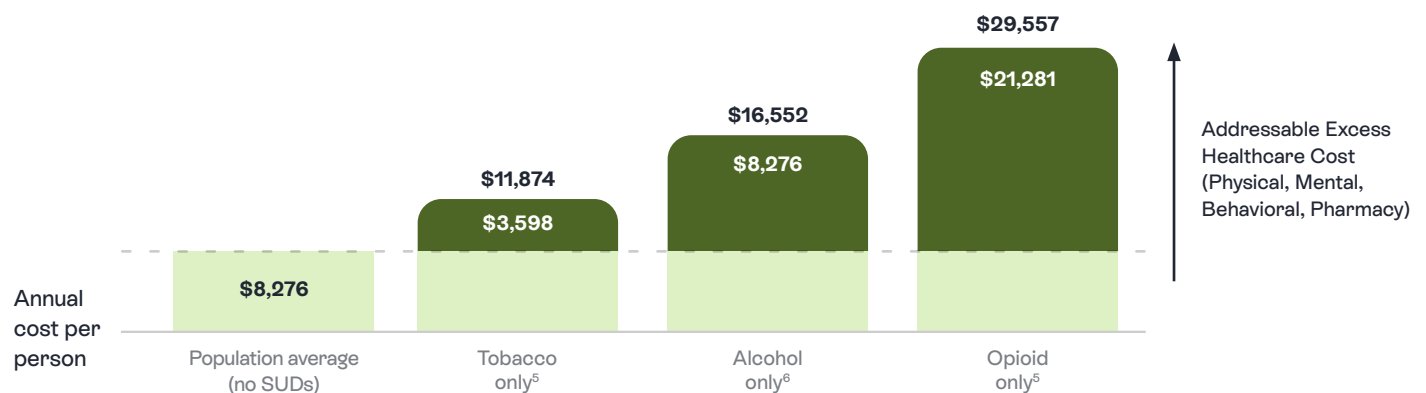
18%

of those with opioid use disorder are addicted to alcohol⁴

22%

of tobacco smokers also have an opioid use disorder⁴

The Cost of Substance Use



According to the CDC, medical expenditures for SUDs represent the minimum direct cost that employers and health insurers face, as not all people with SUDs have a diagnosis, and costs related to absenteeism, presenteeism, job retention, and mortality are not addressed.⁸

Sources: 1. SAMSHA 2021 National Survey 2. NCADD 3. (2002) Concurrent Alcohol and Tobacco Dependence, Drobes, D 4. Am J Drug Alcohol Abuse 1982 ;9(1):1-17. doi: 10.3109/00952998209002607 5. (2019) Economic Impact of Non-Medical Opioid Use in the United States, Society of Actuaries, Davenport, S., Weaver, A., Caverly, M 6. Costs of Alcohol Abuse, University of North Carolina School of Medicine, Bowles Center for Alcohol Studies 7. Ross S, Peselow E. Co-occurring psychotic and addictive disorders: neurobiology and diagnosis. Clin Neuropharmacol. 2012;35(5):235-43.

Pelago

Our management program creates a complete — and completely tailored — ecosystem of care, navigating each Pelago member through the pathway that suits their needs.



From unhealthy habits to active substance use disorders

Pelago delivers a personalized solution based on individual health, habits, genetics, and goals, providing care for members wherever they might be on the substance use spectrum.

- ✓ Physician-Led Care Team & Complex Condition Management
- ✓ Personalized Technology & Support
- ✓ Remote Monitoring
- ✓ Pelago Rx



Medication-Assisted Treatment (MAT) is proven.

Pelago is the only virtual program validated in over 13 peer reviewed journals and a randomized control trial.

- **52%** validated tobacco quit rate⁹
- **62%** reduction in alcohol use frequency within first 30 days of care¹⁰
- **67%** abstinent from opioids for 90 days¹¹

Learn more at pelagohealth.com

8. Medical Costs of Substance Use Disorders in the US Employer-Sponsored Insurance Population. JAMA Netw Open. 2023;6(1):e2252378. doi:10.1001/jamanetworkopen.2022.52378
9. (2020) A Digital Therapeutic Intervention for Smoking Cessation in Adult Smokers: Randomized Controlled Trial, Webb, J., Peerbux, S., Smittenaar, P., Siddiqui, S., Sherwani, Y., Ahmed, M., MacRae, H., Puri, H., Bhalla, S., Majeed, A. 10. (2021) Shortterm impact of Pelago, an integrated digital intervention, on alcohol use among employees of a manufacturing company with alcohol use disorders. Glasner, S. Unpublished. 11. Monico, L., Mooney, L.M., Michero, D., Pielsticker, P., & Glasner, S. (in preparation). Feasibility and preliminary outcomes of an integrated digital health intervention combining buprenorphine with cognitive behavioral therapy for opioid use disorders.