Spring Health

Mental healthcare that is precise, personal, and proven.

The future of mental healthcare is integrated, data-driven, and member-first. Spring Health meets the unique needs of each member, delivering a seamless experience across the continuum of care. We eliminate barriers to mental healthcare—driving better, faster clinical outcomes for members, and high ROI for clients.



Custom care plans

Care appointments in under 2 days

Virtual & in-person therapy (ages 6+)

Diverse provider network

Coaching

24/7/365 crisis line

Medication management

Manager resources & training

Dedicated Care Navigator



A recent case study across several large clients demonstrated:

28%

employee engagement

1.6X

less likely to turnover after sign-up

\$225

in annual productivity savings per employee

Questions about why Spring Health is the best choice for employees?

Reach out:

partnerships@springhealth.com

Visit us:

springhealth.com