

What Benefit Supports Member's Complex Pharmacy & Medical Needs

The Profile of an Average Tria Health Patient:

52	Age
6.9	Rx Medications
2.7	OTC Medications
6.2	Total Conditions
2.9	Chronic Conditions
1.7	Drug Therapy Problems
2.7	Physicians

Each individual has a unique set of needs and experiences related to healthcare.

IT'S TIME TO *PERSONALIZE* & **SIMPLIFY**

YOUR HEALTHCARE STRATEGY

Tria Health's Chronic Condition Management Services will:



Optimize medication at the patient level - the most common treatment method for all diseases.



Provide plan members with a solution that adapts to their healthcare needs.



Simplify your overall benefits strategy by eliminating multiple point solutions.

One Solution, Multiple Benefits

Patient engagement starts with **Tria Health's Pharmacy Advocate Program**. Tria Health assists plan members with chronic conditions by addressing polypharmacy issues, leading to improved health. To better understand why individuals don't achieve their clinical goals, Tria Health's pharmacists conduct one-on-one consultations and provide guidance. Through a comprehensive medication and lifestyle review, Tria's pharmacists improve health literacy, close gaps in care and optimized pharmacy utilization. The patient's care plan is always shared with their physician and is considered the basis for future consultations.

Additional patient resources are available based on the individual's needs, including remote monitoring, weight loss management, and personalized medicine (DNA testing).

Supporting Patient Resources

Remote Monitoring

Tria Health provides engaged members with cellular enabled diabetes meters & supplies, as well as hypertensive cuffs. These devices are provided to patients who will clinically benefit from regular testing. Results are automatically sent to Tria Health and intelligent messaging and outreach is made to the member based on their readings. Data is used to support recommendations made to the treating physician.

Weight Loss Management

Dedicated health coaches and technology are provided to engaged members who want to lose weight. Members are required to meet with their health coach on a regular basis, use an app to track food and exercise, and weigh themselves at least weekly using the provided WIFI scale. A pharmacist can also help determine if medication is a good option to 'kick start' their weight loss.

Personalized Medicine

Pharmacogenomics (PGx) looks at how your DNA affects the way your body responds to and interacts with certain prescription or over-the-counter medications. Tria Health contacts members who may benefit from testing based on their current medication usage. A Tria Health pharmacist reviews the results with patients and share them with their physicians. PGx improves clinical outcomes related to mental health, cardiovascular disease, chronic pain and other conditions.

Validated Outcomes

The Validation Institute conducted an objective third party matched-cohort study of 1,708 engaged and non-engaged patients, that measured the impact related to poor outcomes of chronic conditions. The engaged and control group were matched based on the patients' age, cost quartile and disease states. The study validated that members engaged in Tria Health have 59% fewer inpatient hospital visit costs and 41% lower emergency room costs.

Tria Health assesses HEDIS® and T-MED metrics in order to identify gaps in care, and then works with patients to close open care gaps over time. Tria Health conducted a retrospective study for members having 3+ consults that revealed care gap closure from the first appointment to the last appointment.

1:1 Financial Guarantee

In the first year of service, Tria Health offers a 1:1 financial guarantee. At the end of the year, Tria Health will provide its financial report. Should Tria Health fail to provide savings equal to or greater than the client's investment, Tria Health will repay the difference between the verified savings and the client's investment

Book of Business Highlights

- 1.5** A1C reduction for members with uncontrolled diabetes.
- 45%** Hypertensive cuff users who experience >10mmHg reduction in blood pressure.
- 3:1** Overall average ROI with 1.2:1 achieved solely from Rx Savings.
- \$2,138** Average savings per engaged member per year.