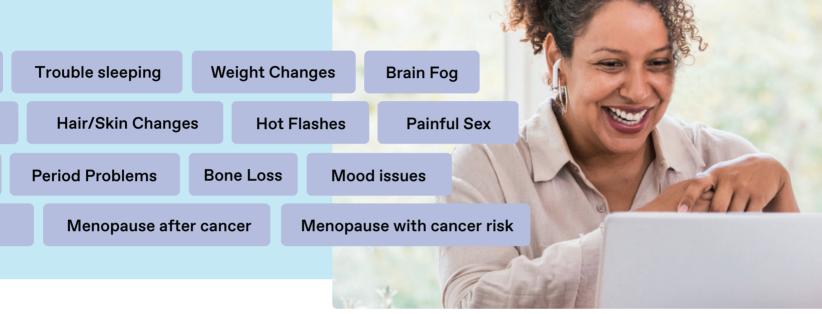
## MIDI

## Get expert menopause telehealth care, covered by insurance.



## **Discover real relief**

Midi's midlife specialists guide you toward safe, effective solutions for the symptoms of perimenopause and menopause. Because your body changes in midlife—your healthcare should, too.

The Midi journey starts with a convenient virtual visit. Your clinician will discuss your symptoms and health history, help you get any necessary lab tests, and create a personalized Care Plan.

## Your regimen may include:

- FDA-approved hormonal medications
- Non-hormonal medications
- Supplements
- Lifestyle coaching
- Wellness therapies

Midi is offered to employees, domestic partners, and spouses covered by Collective Health.



Start your Midi journey at joinmidi.com