



Surgery Hero

for employers.



surgeryhero.com

Surgery Hero Incorporated, 265 Hackensack St PMB
168, Wood Ridge, NJ 07075



About us

The average person will undergo nine surgical procedures during their lifetime. The majority of those undergoing planned surgery are physically and mentally underprepared prior to their operation;

- 1 in 4 people smoke at the time of their surgery,
- 75% of people aged 45-74 are overweight or obese,
- Up to 49% consume hazardous amounts of alcohol,
- Up to 92% of people experience significant preoperative anxiety.

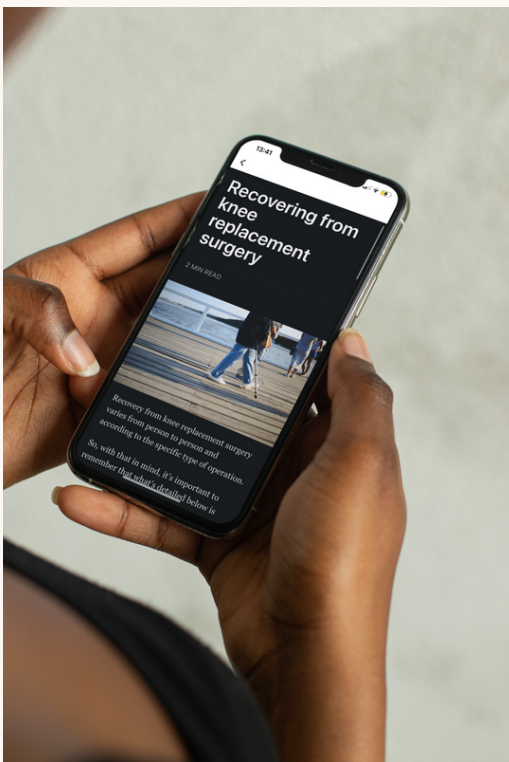
These modifiable risk factors significantly impact the rates of morbidity and mortality in the surgical patient.



Surgery Hero is a mobile app-based support system for employees undergoing surgery. We combine expert human health coaching, digital guidance and access to resources to help employees prepare for and recover from surgery at home.

Give your employees the care they deserve - before and after surgery.





Built to meet your employees needs...

12

12- week perioperative program

Can be extended pro-rata



Customized experience

Personalized for surgery type and key risk factors



1:1 Surgical care guidance

Professional, personal, virtual health coaching



Post-surgery assistance

Wound care, pain management, alternative support options



Cost-cutting care

Fewer post-op complications and reduced absenteeism

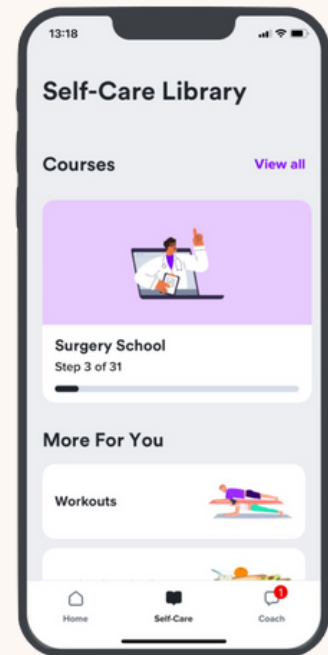
Differentiate your offering with a reimagined approach to surgery care

Surgery Hero is transforming how individuals are treated before and after their surgical procedure. We are working with innovative employers, benefits consultants, providers and health plans across the UK and US in order to achieve a new standard of care.



Evidence-based, clinically backed

Our research supports the use of 'prehab' for improved clinical outcomes, reduced financial cost and better satisfaction for surgery recipients.



Clinical research shows prehabilitation;

1. Reduces length of hospital stays by an average of **1-2 days**.
2. Reduces complication rates after surgery by **30-80%**.
3. **Reduces** the need for **post-surgery intensive care**.
4. Supports people to feel well sooner, **reducing the costs of care**.
5. **Improves** how **prepared** people feel for surgery.
6. **Increases** how **empowered and satisfied** people are with their care.
7. **Improves communication** between surgical patients & their clinician.

Hear it from our members



I feel as though I'm going into that surgery in the best shape possible.



I loved the weekly goals we set to work towards something each week.



My coach offered a safe space to share my experience without having to burden my family or make them feel worried. It was amazing for me to have that.



My coach has been able to help so much with helping my mental wellbeing, and that's something I really wish I had before.



Get in touch...



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