

A New Standard of Digestive Health Care

The only virtual GI Center of Excellence providing care across the full spectrum of GI needs

- Members work with a multidisciplinary team of **medical, dietary, and behavioral health** specialists
- Symptom control within 4 months** with dramatic improvements in quality of life
- Significant reductions in ER visits**, and avoidable or duplicative procedures, imaging, and high-cost medication use



The hidden crisis of digestive health

GI conditions affect **1 in 4 people**¹



GI spend is higher than heart disease and mental health²

Diabetes	\$237B
Cancer	\$208B
GI	\$136B
Heart Disease	\$113B
Mental Health	\$99B

GI is a top cost driver but the coding system is complex and can hide the full impact of GI on spend.

Results of a clinical trial conducted in partnership with a national health plan³

Without Multidisciplinary GI Care vs **With Oshi Multidisciplinary GI Care**

No standard measurement of symptom control vs **92%** of Oshi members achieve symptom control within 4 months

\$22,866 costs for patients seeking GI care, including high ER utilization, per year vs **\$10,292 savings** in all-cause healthcare costs per patient in 6 months

1 month for appointment with GI specialist⁴ vs **5 days for appointment** with full care team

29% of patients satisfied with their care vs **98%** patient satisfaction with Oshi Health (+80 NPS)

1. Source: [Prevalence and Financial Burden of Digestive Diseases in a Commercially Insured Population](#), NCBI

2. Source: [Burden and Costs of Gastrointestinal Disease in the U.S.](#), *Gastroenterology: Financial Burden of Cancer Care*, National Cancer Institute; [Health and Economic Benefits of Diabetes Interventions](#), CDC; 'GI Service Benchmark Report', an actuarial analysis on IBM MarketScan commercial database led by actuarial analytic firm Accorded. All analysis was performed using allowed amounts in the MarketScan database and focused on adults ages 18-65. Analysis of GI prevalence and spend for entire GI population based on list of ICD, CPT, DRG and NDC codes related to GI

3. Source: [A virtual integrated care program improves patient outcomes, engagement, and satisfaction at reduced costs: a prospective trial](#). Results of a clinical trial conducted in partnership with a national health plan, presented at the 2022 IHI Forum and 2023 ATA Annual Conference.

4. Source: [Long Wait Times for Healthcare Decrease Specialist Access](#), AristaMD.

Transforming access with collaborative, coordinated care

Oshi Health fills a gap in provider networks by adding immediate access to care via telehealth, ongoing patient support, and delivery of critical GI-specialized dietary and behavioral health interventions that are typically not available or covered by insurance.



Total GI Care

Access to a multidisciplinary team that addresses all digestive health needs



Evidence Based

Gold standard care from GI specialists that's scalable, accessible to everyone, and is always grounded in evidence



Accessible

Immediate availability and unlimited appointments with care team, with 24x7 support



Outcomes Based

Proactive care focused on symptom control, with fees tied to progress and outcomes

Oshi Health partners with leading health plans, employers, and local providers

More than 25 million Americans have access to Oshi Health as a covered benefit by their health plans, promoted by their employers and recommended by their doctors.



To learn how Oshi Health can benefit your organization, please contact us at:

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