



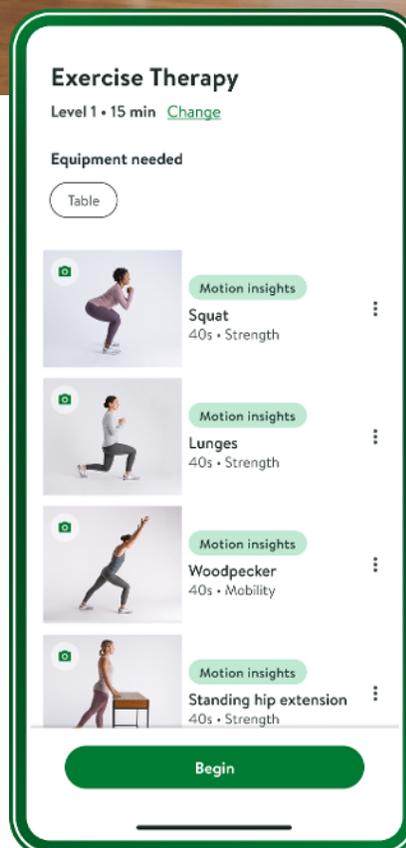
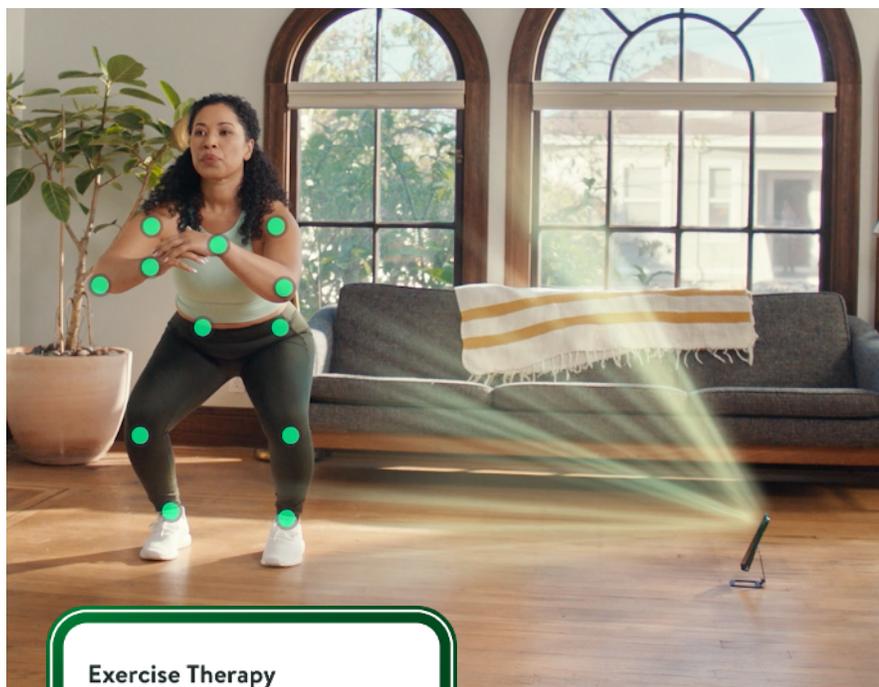
# Hinge Health is transforming the way pain is treated

Musculoskeletal (MSK) spend is rising by eight percent per member per year.<sup>1</sup> People are struggling to manage their pain while costs continue to rise because care is not meeting their wide range of needs.

## You can reduce MSK spend while improving quality of life

Hinge Health provides MSK care for every body. And every body part:

- **Prevention**  
Prevent future injury and improve health and wellness
- **Acute**  
Recover from a specific injury
- **Chronic**  
Treat the physical and behavioral aspects of chronic MSK pain
- **Pre-and post-surgery**  
Support rehabilitation when surgery is the best course
- **High-risk**  
Provide specialized care for complex MSK needs including surgery decision support
- **Women's Pelvic Health**  
Improve pelvic health for women at all stages of life
- **Fall Prevention**  
Increase balance for older adults at risk of falling



# #1

Digital MSK app  
4.9★ rating based  
on 30K+ reviews  
and counting

# 68%

average reduction in  
pain per participant<sup>2</sup>

# 50+

member testimonials  
shared every day on  
average

# The right clinical expert and technology for everyone.



A complete clinical team



Technology enhanced care



Physical therapists lead and monitor care.



TrueMotion technology tracks motion and provides real-time feedback.



Board-certified health coaches help members build healthy habits.



FDA-cleared Enso device relieves pain without drugs or surgery.



Orthopedic physicians help members make informed surgery decisions.



Data integration from 1M+ in-person providers creates a complete picture of care

## Trusted by 1,700+ clients



## A low lift 90 day launch

We're partnered with 45+ health plans, PBMs, and benefit point solutions, so 90% of implementation is already complete. There are only four tasks for you to complete to get up and running in ninety days.

## Why do 4 in 5 companies with a digital MSK solution choose Hinge Health?

58%

average reduction in depression & anxiety<sup>2</sup>

2.4x ROI

based on medical claims reduction study with 136 employers across 46 industries<sup>4</sup>

42%

reduction in new opioid prescriptions<sup>3</sup>

[See how Hinge Health's Digital MSK Clinic works →](#)

1 in 2

MSK surgeries avoided<sup>4</sup>

Sources: 1.Hinge Health internal analysis of commercial medical claims data. (2023). 2.In a 12 week study of chronic knee and back program participants. Bailey JF, et al. Digital Care for Chronic Musculoskeletal Pain: 10,000 Participant Longitudinal Cohort Study. J Med Internet Res 2020. 3. In a study comparing Hinge Health members with traditional PT patients. Wang G, et al. Opioid initiation one year after starting a digital musculoskeletal (MSK) program: an observational, longitudinal study with comparison group. J Pain Res. 2023. 4. In a 2022 study comparing 4,207 Hinge Health members with 4,207 matched comparison group members in the year after starting the Hinge Health chronic MSK program, 136 Employer Medical Claims ROI Study, 2022. The study defined surgery as any MSK-related surgical procedure that would have been rendered to a study participant in a 12 month period.