# **Calibrate**

# THE PIONEERS OF COMPREHENSIVE OBESITY TREATMENT

Calibrate is the leading clinician-guided and value-based model in medication-enhanced obesity treatment.

We are expanding access to care by working directly with employers and payers so that more members can achieve sustainable, life-changing results that lead to healthier lives.









# Bridging the gap between holistic care and the right medications

Developed by renowned clinicians, our program optimizes access to GLP-1 medications such as Wegovy® and Zepbound® combined with behavior change interventions on an easy-to-use mobile app. We clinically stratify populations to contain GLP-1 use and drive adherence so the investment isn't wasted.

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**Obesity Treatment Center Of Excellence** 



**Evidence-Based Program** 



**Sustained Metabolic Health** 



**Industry-Leading Outcomes** 



**Immediate Business Value** 

# Delivering faster, more effective results while expanding access to care

18%

average weight loss sustained over 2 years<sup>1</sup> **78**%

of members with prediabetes or diabetes achieved normal HbA1c levels at 12 months<sup>1</sup> ĥ

average waist circumference reduction<sup>1</sup>

## **How Calibrate Works**

Calibrate improves metabolic health using the right combination of tools that keep engagement high and improve outcomes.



**Personalized** Care Plan

As members enter the Calibrate program, our clinicians determine the optimal path for each member based on clinical profile, health history, and benefits coverage.

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**Treatment** 

All members receive intensive lifestyle intervention and we clinically stratify the population to prescribe medication if appropriate.

**Stop And Sustain** 

Proprietary approach to effectively taper members off of GLP-1 medication while sustaining their results.

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We continue to be thrilled with the amazing excitement around the Calibrate program. Those on the program have lost over 5,400 pounds while maintaining a stellar 5 out of 5-star rating since we implemented January, 2023.

...It's clear that Calibrate stands head and shoulders above the rest. making them an indispensable partner in achieving our goals.

Alicia Dougherty | Benefits Manager **Brookfield** 



# **Why Calibrate**

At Calibrate, we firmly believe that medication serves as a vital tool in achieving health objectives but should never be viewed as a standalone treatment or solution. Instead, it is an integral component of a comprehensive strategy aimed at optimizing health and well-being. Calibrate stands at the forefront, offering the premier solution for obesity treatment. Our pioneering program integrates medication, specifically GLP-1s, with a holistic metabolic health approach.

This innovative combination is meticulously crafted and scientifically validated to deliver sustainable, long-term results for our members while simultaneously broadening access to essential care.

### DEMONSTRATED EXPERIENCE

60K

Members treated to-date

### **IMMEDIATE & ONGOING ROL**

**UP TO** 

3:1 ROI

Based on GLP-1 optimization & significant BMI class reduction



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I feel more confident with myself and with how I see myself, and truly believe that my emotional health—in addition to my physical health—has improved.

-Jason, Calibrate Member

Learn more at joincalibrate.com/employers

**Calibrate**