

2025

CONDENSED SERVICES GUIDE



About Us

From the smallest beginnings to the largest organizations, we aim to inspire happier, healthier workplaces.

INTERNAL VALUES

- Transparency
- Customer-Driven
- Growth-Mindset

CLIENT-BASED VALUES

- Innovation
- Integrity
- Dedication



Wellbeing Portal & Mobile App

Our cutting-edge technology allows members to access their program through their computer, table, and/or on their smartphone via our app.

Reporting

We provide on-demand reporting features, allowing you to review engagement, participation, employer health risks, and improvements.

Targeted Communication Strategies

Whether through email, text, push notifications, mailers, or more, we provide a personal communication approach tailored to fit your demographic.

Incentive Designs

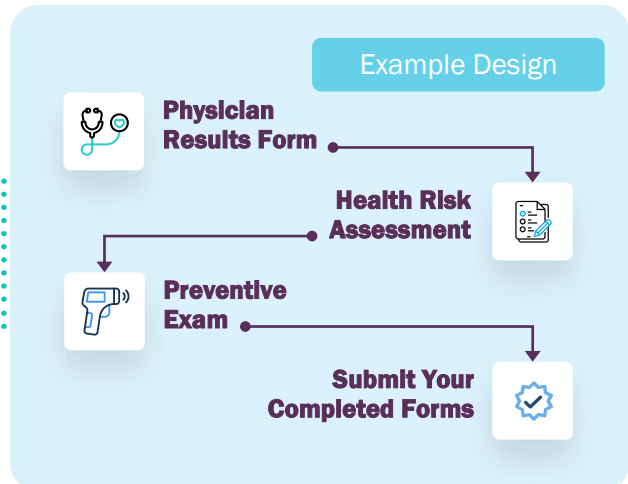
Wellworks provides program-specific and customizable designs based on the organization's goals and demographics. Incentives can be based on premium differential, rewards mall, payroll contributions, and more.

A Dedicated Team

We offer a dedicated Account Management team for each of our clients to provide the highest level of customer service and customization for your company's unique needs.



- Coordinators
- Implementation Specialists
- Managers
- Communication / Marketing
- Customer Service



Rewards Mall

Participants can redeem electronic reward cards throughout the year based on your incentive amount(s) and when the incentive will be distributed.

Wellness Challenges

We provide over 80 challenges for clients to choose from, or we can customize a challenge with the team. Challenges help motivate and engage your population throughout the year.



Connect your Device or App to track your progress right at your fingertips!



Link to Fitness and Nutrition Dashboard

Users will be able to activate challenges, ability to create teams, and can purchase wearable devices from the challenge dashboard. Connect your device or app to track your water, sleep, calorie/food intake, and track your challenge achievements!

CUSTOMIZABLE CHALLENGES AVAILABLE!

Some of these challenges include:



- National Parks Walking Tour
- Appalachian Trail
- Cruisin' Through Cali

And More.

Biometric Screenings / Physician Form Collection

We provide multiple options when collecting data such as onsite biometric screenings, lab vouchers, physician results form collection, and at-home test kits. Through this data, we can provide individual reporting and tailored program suggestions.

Age / Gender Appropriate Screening Tracking

Prevention is a key component to reducing the risk of chronic diseases. Add this to your incentive design to motivate members to complete these screenings and improve their overall health.

THE VERIFICATION AND TRACKING CAN INCLUDE:

- **Mammogram**
- **Annual OB/GYN**
- **Colonoscopy**
- **Colorectal Exam**
- **And More**



Health Assessments

Wellworks provides several health assessments, including a personalized view of overall health and chronic risk as well as behavioral health.

Targeted Educational Courses

Through our Learning Center Dashboard, participants will have access to over 250 interactive videos, live webinars, and quizzes.

Health Coaching & Chronic Care Management

Our strategic health coaching solutions improve participants' lifestyle while reducing their health risks. Coaching topics include tobacco cessation, diabetes management, weight management, and more.

Mental Wellbeing Solutions

Our mental wellbeing solutions will guide participants through the 8 pillars of health and wellness, including a virtual journal, educational videos, personalized resources, and more.

RESILIENCY TOOLS:



8 PILLARS OF HEALTH

Includes weekly webinars and quizzes for each pillar of wellbeing, holistic connectedness, and mantras.



DIGITAL JOURNALING

Focuses energy on specific areas of wellbeing, teaches journaling techniques and reduces stress.



LIVE COACHING

Live health coaching right from the wellness portal or mobile app with online scheduling available.



MENTAL HEALTH ASSESSMENTS WITH REPORTING

Provides 100% Confidential mental health support and progress tracking.

ADDITIONAL RESOURCES INCLUDE:



Monthly Educational Webinars

Each month, we offer live webinars on Meditation and Financial Wellness for all members.

Meditation & Yoga Library

Members have access to the multiple instructors and meditation courses and yoga classes.



And More.

Financial Wellbeing

Provide your members with a solution to improve their financial wellbeing. Members will have access to a portal to complete financial assessments, courses, one-on-one telephonic financial coaching, and more.

Onsite / Virtual Events

Whether onsite or virtual, you can have your members interact with an expert on multiple different topics such as yoga classes, stress reduction, goal setting, and more.

Wellworks Advocacy

Through our health advocacy program, we help members navigate medical bills by researching the bill, verifying it, and explaining the situation.

Welldriver

Our DOT technology lifts the administrative burden off of your company and allows your drivers to have everything in one central hub, helping keep them healthy and on the road.